

As parents it's never easy to receive a diagnosis. My son was 4 when we learned he had Autism and ADHD back in 2018. It was hard to face the fears that crumble into our thoughts, then making terms with letting go the idea of the kid you had in your mind and learning to see and understand the one you have in front of you. There is so much information, opinions, so much to learn that is overwhelming. I remember being told that I needed to find an ABA program everywhere I went, but the more I read about it the more I knew I didn't want to go in that direction. But then, moving through all the noise there is a light to guide our way as parents. That light for our family was learning about The Floortime Center and getting to work with Jake and the whole team. It gave us hope, clarity and a clear approach that felt right, that was aligned with the respect and the appreciation of what every kid has to offer and how valuable they are as they are! We learned to unlock the door to be able to join our son in his world, his interests and learn to follow his lead. Years later, my daughter got the same diagnosis and we felt supported and empowered by this incredible team.

As a family we are really grateful for having the opportunity to learn from Jake. His knowledge, empathy, passion to help others and the support he provides has truly made a difference for us.

My oldest son is doing great at school, has established meaningful friendships and he is absolutely thriving. My youngest has become more flexible after visiting the FTC in December and by implementing the Greenspan Floortime approach at home during the last couple of months we are seeing her flourish and overcome a lot of obstacles establishing relations at school. She is more able to express her needs instead of keeping it to herself until she faced big emotions and meltdowns, face challenges that she would avoid and explore new social interactions feeling confident while doing so.

I believe that Greenspan Floortime has also allowed us to build a one of a kind relationship with our kids and therefore we highly recommend their work.